



Dr. Patricia Darrah, Counselor, Educator, and College Administrator is a respected practitioner and teacher of metaphysics with a 25+ year track record of conducting workshops and presentations. She is dedicated to sharing the encouragement and inspiration she receives from her gifted spiritual teachers. Her work is centered around self-empowerment, skill development, and helping others discover their inner light through learning and practicing *truth principles*.

Dr. Pat holds academic degrees in Psychology, Counseling and a Doctorate in Psychological Studies in Education. She is a graduate of the Hagar's School of Mediumship and Psychology and earned a Master's Certificate in Metaphysical Bible Studies at the Universal Truth Center in Miami Gardens, Florida. In 2012, Dr. Pat founded a weekly teleconference called "The Power of Thought." And currently released her debut book "Hagar: Finding Light in the Wilderness" in which she tells stories of her emotional suffering and how she found relief through the example of the biblical character Hagar.

Dr. Patricia Darrah is a featured speaker at "The Enlightenment Tour" 2015, in New Orleans, Louisiana. She is also involved in many speaking engagements and tours throughout the U.S. promoting "Hagar: Finding Light in the Wilderness." For more information about Dr. Patricia Darrah and to follow her events schedule visit [www.sisternumee.com](http://www.sisternumee.com)